



Find herein many details concerning our yearly recital performance. We hope this will make your experience with our studio's recitals all the more enjoyable for your dancer & the proud audience members who attend. Thank you for your weekly dedication, and for your support of these fine, young people as they grow in skill and confidence. Please read the following information very carefully. If you have any questions that are not answered in this guide, please call us at 919-803-6044.

RECITAL HANDBOOK

COSTUMES:

- * **Try everything on**, if there is a *major* fit issue that you cannot handle yourself, we will gladly handle alterations for you after picture day. Please bring your child and your costume back during the designated time and our alterations person will decide what options are available.
- * Label all parts, including shoes, with your child's name. A sharpie on an inside tag usually works well.
- * Don't iron, if tutus are wrinkled, fluff and hang upside down.
- * If costume is too "itchy," try lining with same color felt pieces (usually gluing to inside of costume works well).
- * If your costume straps aren't attached yet, sew them in the back after going straight over the shoulder like a bra strap. Don't cross unless told to do so.
- * If your costume has fringe: gently pull out lower thread connecting the bottom edge of fringe.
- * Hang them up away from pets and small children. **Please don't allow children to play dress-up until after the recital.**
- * For the recital: no jewelry, **NO UNDERWEAR UNDER TIGHTS**, remove any stickers from tap shoes, no fake tattoos, Band-Aids should be clear.
- * If your costume has gloves with finger loops, loop should go on middle finger.

Unless your class is told differently:

- * Most single hairpieces should be worn on their upper right side of the bun or ponytail.
- * Ribbons that tie around bun or ponytail should be knotted with loose ends hanging down below the bun.

SHOES:

- * All Tap classes should have black tap shoes
- * All Ballet classes should have pink leather ballet shoes
- * All Jazz classes should have tan pull on jazz shoes
- * All Contemporary classes should have nude-color dance paws (same as foot undies)
- * Hip hop classes should wear purchased Hip Hop sneakers.

*****PLEASE SEE HAIR INSTRUCTIONS AT THE BOTTOM OF THIS DOCUMENT*****

REHEARSAL DAY:

- WEAR your correct costume, tights and shoes to your rehearsal. **It is a full dress rehearsal.** Correct hair & make-up are **not** required for rehearsal, but it is a good time to practice!

- **Arrive at the auditorium 30 minutes before your rehearsal time. You should be dressed and ready for your first dance.** Dancers should be dropped off at their designated seats in the balcony or backstage. Check the seating map near the auditorium entrance to find your dancer's assigned row. Dancers will sit with their class. Each class will have a "balcony mom" assigned to it. All other parents should sit in the main area of the auditorium and enjoy the show! We ask that parents do not come backstage. "Balcony moms" are responsible for keeping the children seated and quiet to ensure the safety and enjoyment of the shows. If you would like to volunteer as a "balcony mom", please email Ms. Hillary by May 1st. hillary@nansdancenc.com

- Dancers will sit with their class until it is their turn on stage. **Before their dance, the students will be escorted by a NAN'S STAFF member to the stage, and returned to their seats as a group by a NAN's STAFF member.** For safety reasons, **NO ONE** will be allowed to remove a child from their group while en route.

- Dancers are to change costumes **DURING INTERMISSION** if they are in 2 dances. If they are in 3 or more dances, please have them do a quick change and stay in the rear dressing room until a Nan's Staff member calls them to the backstage waiting area for their next dance. The dressing rooms are behind the stage & there will be signs pointing to dressing rooms. Boys will have a separate room.

- DO NOT BE LATE! We start on time regardless of dancers being late!

- Once you have finished your LAST dance, you may leave rehearsal. Your dancer should be picked up from their seat in the auditorium. BE SURE to return any props. If it did not come in your costume bag originally, do not take it home!

- **You are welcome to videotape and take as many non-flash pictures as you like during rehearsals. You may NOT take pictures or videotape during the recital.** Use your camera after the show is over to make pictures with dance teachers, proud grandmothers, classmates, etc.

RECITAL DAY:

- **Arrive at the auditorium 30 minutes before your show time. You should be dressed & ready for your first dance.** Dancers should have on the correct costume, shoes, and tights. See below for hair instructions. Make-up is not required for the little ones, but we recommend some mascara & lipstick.

- Be sure to familiarize yourself with the facility during rehearsals the day before.

- Drop off all dancers at their assigned seating in the balcony or backstage. See above for specific seating instructions.

- Dancers are to change costumes **DURING INTERMISSION**. Please see above for specific costume change instructions.

- NO FOOD should be brought into the auditorium.

- **Neither still pictures nor video is allowed at the recital performance.** Use your camera after the show is over to make pictures with dance teachers, proud grandmothers, classmates, etc.

- Out of respect for our dancers on their big day, we expect everyone to remain for the ENTIRE RECITAL PERFORMANCE. Don't miss the big finale!

- If you need to exit & re-enter the auditorium for any reason, please do so in between dances out of respect for the dancers and those trying to enjoy the show.

RECITAL DAY (Continued):

- **After the show, ALL dancers should be picked up in the balcony.** Dancers are more than welcome to take pictures at the front of the stage with their teacher AFTER the show.
- For respect out of others, please keep all areas clean and tidy.
- **Most importantly, relax and enjoy the day!**

OTHER IMPORTANT INFO:

- If your child would like to practice his/her dance at home, you can come to class and videotape if you'd like - just let your teacher know at the beginning of class.
- We will be using **TAN & PINK tights** for all the dances in the recital. Please wear the color assigned to your class.
- The best way to remember this momentous event in your child's life is a Professional Recording of the show! Order forms will be available before recitals and in the show program.
- If you are behind on your monthly payments, your dancer will not be allowed to perform onstage until you are up to date with payments, including any late fees that may apply.

ANSWERS TO FREQUENTLY ASKED QUESTIONS:

1. Who supervises during the show?

For safety reasons, we ask 1 or 2 parents per class to sit in the designated seating area with the dancers at all times. Call the studio or email by May 1st to volunteer. We appreciate your help tremendously!

2. When can we leave?

Parents/kids can leave after their final dance at rehearsal, BUT we ask that all stay for the recital out of respect for all the dancers and their families. All dancers will be in the finale dance.

3. My dancer uses a prop in class, but it wasn't in his/her costume bag. When will the class get them for their dance?

All classes receive props backstage just prior to performing & they will be taken as dancers leave the stage.

4. Who & how many can I invite to attend?

Unlike many studios, we charge no admission to enter our shows. You are also not limited by an allotment of tickets.

5. Where can we (and our guests) sit?

Seats are on a first come first serve basis. NO SAVING SEATS. We do ask that children 3 & under sit on an adult's lap.

6. How will my dancer change costumes?

Parents change their own children at intermission. "Balcony mom" volunteers are not responsible for changing costumes. Please see above for costume changing instructions.

7. How do classes get backstage on time?

All classes are escorted by a **Nan's STAFF member** from the auditorium to stage left. Timing is handled by our show director.

8. My costume doesn't fit!! What should I do?

We have lots of costume trading/adjusting/resizing tricks. Please be assured we will make it right for your dancer. Try on your costumes immediately upon bringing them home. Call us with concerns.

HAIR INSTRUCTIONS:

* Most single hairpieces should be worn on their upper right side of the bun or ponytail.

* Ribbons that tie around bun or ponytail should be knotted with loose ends hanging down below the bun.

Ages 3-5 & Kindergarten thru 5th Grade (except Hip Hop classes):

High Curly Ponytail: A ponytail at the crown of head made up of lots of ringlet curls

What you will need: Gel, a comb, bobby pins (optional), hair rubberband, mousse, curlers, hair spray

What to do: Hair should be dry. Apply gel generously to all hair, paying special attention to the wispies (if she has them). Bangs are okay on little ones, as long as they are out of her eyes. Comb hair into a very secure ponytail (crown). Take a small section of hair into your hand and apply mousse. (The mousse should make the hair evenly damp, but not to wet that it won't dry once wrapped around the curler.) Wrap around a small sponge curler starting at the end of hair. Wrap all the way to the base of the ponytail. Repeat until all hair is in curlers, the more the better. Hair spray the entire head, blow-dry for a few minutes and then sleep on it.

Only one hairdo is required, so no amount of hair spray or gel is too much! "Slicked back" is supposed to look wet. Wispsies are our enemy! :)

A fake ponytail hairpiece also works wonders! They can be purchased online relatively cheap, but are not required.

All Hip Hop classes:

Crazy Fun Hair: Have fun and be creative. You can do pigtails, braids, a faux hawk, or ponytail. Just make sure hair is secured and out of your face. If you are in other classes, you may not have time to do something different. Your other hairstyle is fine for Hip Hop.

All 6th-12th Grade Tap, Jazz and Contemporary Classes:

Low Ponytail w/ Side Part: A straight ponytail near the bottom of the head slicked back from a side part

What you will need: Gel, a comb, hair rubberband, hair spray

What to do: Hair should be dry and straightened. Apply gel generously to all hair at the roots, paying special attention to the wispsies (if she has them). Part hair above either right eye. Slick the hair back into a low ponytail.

All 6th-12th Grade Ballet Classes:

Low Bun w/ Side Part: Follow instructions for Low Ponytail w/ Side Part, then wrap ponytail into a bun and secure with a hair net and bobby pins.

Make-up Instructions:

For all of our dancers, please use your best judgement as to how little or how much make-up your child wears. While we do not require make-up, we do recommend a little bit of blush and lipstick for the younger dancers and natural looking make-up for the older dancers. The bright stage lights can wash out a dancer's face, which is why we recommend lipstick and blush. Please refrain from using dark eye make-up for any age dancer.